

The BRAIN FITNESS program designed to improve Memory, Attention and *BrainSpeed*!

BrainBuilder is a comprehensive brain training program designed to improve, sustain and protect healthy brain function for people of all ages. Used by schools throughout the world, BrainBuilder will help your students achieve academic success.

Just as a good physical exercise program is important for a strong, healthy body, so is targeted mental exercise for a strong, healthy brain.

Brain plasticity is the brain's natural ability to change itself. The brain has the ability to learn, adapt and grow when presented with the correct stimulation provided with the right frequency, intensity and duration.

Scientific evidence demonstrates that engaging brain plasticity based training as provided within BrainBuilder can improve vital brain functions. The exercises in the BrainBuilder program are precisely engineered to stimulate brain plasticity.

Children, teens and adults benefit from BrainBuilder by mapping a rich network of connections between brain cells that become stronger through practice and experience.

School can be overwhelming when demands exceed a student's processing ability. With BrainBuilder, students grow to be effective personal accomplishees as they are challenged in the program, demonstrating better writing, reading and arithmetic skills. Students become better readers because they are able to comprehend more information during reading. They also become efficient in processing information relating to all aspects and demands of life.

Experience these remarkable results with BrainBuilder®:

- **Better memory and attention**
- **Sharper focus and clearer thinking**
- **Improved visual and auditory processing**
- **Enhanced brain health and longevity**
- **Increased *BrainSpeed***
- **Stronger problem-solving skills**

YOUR PERSONALIZED BRAIN FITNESS PROGRAM!



Brain Coach

The Coach will test your *BrainSpeed*, design your daily sessions, track your improvement, adjust your training program and motivate you along the way.



Brain Exercises

Train your brain with a library of more than 20 diverse, visual, auditory and focus exercises. Options for easy, moderate and challenging training sessions with multiple training levels keeps your brain fitness program interesting.

BrainBuilder



Brain Music

Each session begins and concludes with listening to psychoacoustically-based classical music produced with visual imagery to relax your body and alert your mind for optimal cognitive performance.



Brain Games

Enjoy fun and interactive brain games – each designed to engage and challenge you.



Progress Charts

Results are measurable! Watch your brain performance improve as you move through the program.



Find Out Now

BrainBuilder offers numerous training levels, from Bronze to Master that you attain based on your BrainSpeed. Challenge yourself with each session, increase your BrainSpeed and reach the next level!