



Learning Expertise

And Resources Network

*It's through listening that we find a connection to learning.
It's through learning that we find a connection to communication.
It's through communication that we find a connection to life.
Improve Your Listening. Improve Your Life.*

THE LISTENING PROGRAM®

The Listening Program® (TLP) is a Music-Based Auditory Stimulation method that trains the brain to improve the auditory skills needed to effectively listen, learn and communicate. It consists of 8 one-hour audio CDs that contain specially processed classical music and nature sounds modified to exercise the auditory system, training it to process sound more effectively

"We really believe in the power of music to help create change in the brain. Music is organized sound and can be used in a multitude of ways to enhance brain function. The program is intended to help everyone, from normally functioning adults to children with dyslexia, learning disabilities, ADHD or disorders related to autism." **said Alex Doman, founder of Advanced Brain**

Technologies.

When auditory perception is distorted—whether through illness, injury, developmental, or other challenges—auditory processing problems can lead to academic, emotional, cognitive and social challenges, including problems with the following:

- Attention and concentration
- Listening
- Speech and language
- Memory
- Communication
- Social skills
- Reading
- Sensory integration
- Physical balance and coordination
- Vocal performance and musical ability



Whether you are interested in expanding your own abilities or helping someone you care about, TLP can make a significant difference.

With the guidance of a TLP Provider, The Listening Program is an easy-to-use, portable method that can bring about lasting change.

The Listening Program improves:

- ◆ ***Central Auditory Processing Skills,***
- ◆ ***Communication skills,***
- ◆ ***Speech and language skills,***
- ◆ ***Attention Difficulties,***
- ◆ ***Autism,***
- ◆ ***ADD and ADHD.***

"I feel the changes effected by The Listening Program in my son, Michael are nothing short of a miracle. My husband refers to the program as his 'magic music'."

-Jill Shaw

How It works?

TLP is done 5 days per week with 2 days off

- Listening sessions are typically 15 minutes, once or twice a day
- Listening times are shortened for those who need less intensity
- Listening is done through good quality headphones, a walkman or an ipod.
- CDs are available in four categories at varying levels of intensity for program individualization
- Initial programs are typically 40-60 hours over the course of several months
- Maintenance listening is recommended to sustain and build on gains



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What Families and Listeners Are Saying

Submitted by: Melissa East, TLP Authorized Provider

Noah's Mother

"The Listening Program has been an exceptional miracle for Noah who wasn't speaking more than one-word utterances prior to Melissa administering The Listening Program. Eight weeks later, Noah is at age level with his speaking. His speech teacher, Grandmas and friends can't believe how far Noah has come over the summer. We have to give The Listening Program, Melissa and her special gift credit for Noah's success. Noah has had success in other areas since the program as well. He has truly developed socially, gaining many new friends. His friends enjoy being around him more as his peer interaction skills have greatly been enhanced. He doesn't hit or act out. He verbalizes his needs. He's no longer frustrated. His sense of humor has really taken off; he's a very happy little boy. His brother and sister love being around him - the dogs even notice that he's much kinder to them. His coordination in large motor skills has also really developed. While Noah was on The Listening Program he learned to ride a bike as well as run and kick a soccer ball."

Noah, age 4 1/2

Submitted by: Melissa East, TLP Authorized Provider

Jordan's Mother

"Jordan has been diagnosed with Autism and has difficulty with auditory processing. After starting the program the first thing I noticed was that he was using pronouns properly when he has always had trouble with pronoun reversal. After several days I noticed he became more sensitive to feelings and was more affectionate than usual. He seemed to have better sentence structure and his sentences were more detailed. His school teacher also noticed Jordan's attention to detail. He has usually had a hard time with transition and The Listening Program seemed to ease that transitioning period into a much easier time. Overall, I was very impressed with the program and it's influence on Jordan and his learning. I am extremely grateful to Melissa and her kind way with Jordan as she has been a joy in our home. Jordan loved Melissa coming and this non-verbally communicates to me that he liked how The Listening Program made him feel."

Jordan, age 5

What Professionals Are Saying

Submitted by: Alice Nixon, MSW, LCSW, BCD

"As a psychotherapist working with kids and adults with emotional and learning difficulties, I am amazed and delighted with the accelerated progress they make when I incorporate The Listening Program into their treatment. Thanks to TLP I'm seeing brightened affect, anxiety relief, mood stabilization and enhancement, maturity of voice tonality, improved self esteem, fibromyalgia symptom relief, and autistic behavior and communication management and improvement among many other steps toward well being. Thank you ABT from me and my clients!!"

Alice Nixon, MSW, LCSW, BCD

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